

A leisurely Tsugaru-paced local ride through Goshogawara



A cycling tour taking you to both the famous and lesser-known spots of Goshogawara

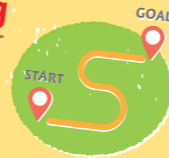
This touring ride departs from Goshogawara's downtown area and runs along the Iwaki River towards Kanagi. Enjoy the views of the expansive Tsugaru plains stretching out from the foot of beautiful Mt. Iwaki, also called the "Fuji of Tsugaru." Discover Goshogawara's rich culture, history, and local food along this attraction-filled cycling route. Immerse yourself in the authentic local atmosphere with guidance from knowledgeable local guides.

The course is mostly flat with few hills, and riders can choose to make their return trip on the Tsugaru Railway train instead of riding back. Even cycling beginners can feel at ease on this gentle and flexible tour.

Mt. Iwaki

Benefits of Cycling

Go further than you can by foot, and travel lighter than you can by car. Enjoy a mini adventure and feel the fresh air of Deep Tsugaru!



Message from your guide
Be guided by me, a born and raised Tsugaru local!

BBB AOMORI TOUR GUIDES
Kazuo Hanada

Route Guide
Distance: about 27km Grade: ★★★★★



1 Visit places you would normally pass by, and discover the local culture and way of life. **2** Take a short break in the Hinaya tearoom inside Kadarube, a traditional Japanese house full of history. Perk up with some traditional Japanese sweets. **3** With Shirakami Sanchi as its source, the beautiful Iwaki River flows gracefully across the Tsugaru region. **4** Ashino Park is famous for its cherry blossoms. The park is filled with tranquil scenery, and the Tsugaru Railway passes through the park grounds. **5** The Tsugaru Railway, popular among international and domestic visitors alike, allows you to board their trains with your bicycle without disassembly. **6** Looking out from the traincar windows, you can get great views of the rural and small-town landscapes of the Tsugaru Plains with Mt. Iwaki in the background. **7** The Ekisha Cafe is just next to Ashinoko Station. Inside, you can indulge in specialty horse meat cuisine within the nostalgic atmosphere. **8** Tachineputa, the towering festival floats considered the symbol of Goshogawara, are housed in this 7-story building made specially to fit them. You can come see these summer festival icons all year round.

Plan dates	April - November	
Tour Prices	3 to 5 persons: ¥30,000 2 persons: ¥15,000 1 person: ¥10,000	※ Price is per person (tax included) ※ Price includes bike and helmet rental ※ Admission fees, food, and train fares at sightseeing spots will be borne by the participants.
Tour Capacity	1 to 5 persons	
Total duration	About 6 hrs (Meet-up time: 10:00 am)	※ If the tour is judged to be dangerous due to weather or road conditions, it may be shortened or cancelled.
Gathering / Disbanding Location	Tsugaru Railway Tsugaru-Goshogawara Station (JR Goshogawara Station)	
Things to bring / wear	Please wear exercise-appropriate clothing and shoes that are easy to move around in. Please do not wear clothing that can get tangled in chains or wheels, such as skirts or wide-legged pants.	

⚠ Precautions

- Tour Participation**
 - Riders must be at least 150 cm tall due to equipment limitations.
 - Please fill out the prescribed application form before the tour starts.
 - Equipment used is covered by TS insurance, and the guided tour is covered by compensation insurance.
 - ※ As compensation is limited by the provided insurances, additional insurance coverage for participants is highly recommended.
 - If the tour is judged to be dangerous due to weather or road conditions, it may be shortened or cancelled. Your safety is our top priority. Thank you for your understanding.
- Cancellation Fees**
 - Day-of cancellation: 100% of total price
 - 1 day before: 50%
 - 2 days before: 40%
 - 3+ days before: no fee
 - No-show: 100%

📞 For reservations & more information, contact

BBB Aomori Tour Guides (101 DESIGNS)
〒036-8345 Aomori-ken Hirosaki-shi Kuranushi-cho 9-21
TEL: 0172-78-5090
OPEN 9:00 CLOSE 18:00
Hours: 9:00 - 18:00
(No recurring holidays:
Tour scheduling prioritized)
Website: ca101d.com
Email: ca101@alpha.ocn.ne.jp



Cycling Web Site of Aomori Prefecture

AOMORI CYCLING

Information on recommended courses and drop-by sightseeing spots, accommodation for cyclists, etc.

AOMORI CYCLING Search aomori-cycling.com